

The Five Love Languages

The Five Love Languages

Unhappiness in marriage often has a simple root cause: we speak different love languages, believes Dr. Gary Chapman.

The old biblical saying "do unto others as you would have them do unto you" is completely and justifiably binned in this book, on the basis that your mate is probably different to you!! Novel idea, huh...!! Try replacing that idea with an updated version, "do unto others as THEY would have you do unto them" and your relationship will more than likely begin to thrive.

This book is great in creating awareness and giving practical guidance in order to immediately and positively effect change in your relationship by outlining the five different ways people are likely to experience "love" and encouraging you and your mate to make it simple for the other and start pushing the right buttons. Easy reading and intuitively common-sensical, many couples have chuckled their way through this book on the way to significantly enhancing their intimate relationships. Chapman has written two other books drected at parents of children and adolescents, based on the same principles of demonstrating love to your children in such that they actually "get it".