

The Seven Principles for Making Marriage Work

The Seven Principles for Making Marriage Work

According to John Gottman there's much more to a solid, "emotionally intelligent" marriage than sharing every feeling and thought.

Many clients referred to this book have found it to be extremely useful in providing not only the rationale behind many male/female based relationship behaviours but also many practical, no-nonsense strategies to deal more effectively with each other. It is direct, honest and powerful in its outlining of behaviours that are relationship killers as well as relationship enhancers. Read it and challenge yourself to create a healthier partnership with your mate.